



Joan's Jibberish!



Welcome to Spring everyone! A wonderful time of the year when the days are getting longer, the birds are happy chirping and building nests, and wild flowers are starting to poke their heads out of the ground. It gives you a boost for sure. All we need now is some warmth from the lovely sunshine to make us feel like summer may come sooner than later!

As you read this Newsletter, you will find a few changes happening in April. You will see Julie Glinsbockel – your Vice President, taking over being President for the month. If you have questions, please take them to Julie. You have to remember to keep her happy for the two meetings that I am away as we really want her to continue on as President next year!

We had another wonderful Quilt Retreat. It was great to see some newcomers join us in the festivities. A fun three days of quilting, yacking & eating were the best parts and of course when you were tired of all that, you could pick up a book from the library, sit in front of the fire and enjoy!

I want to wish you all a very Happy and Blessed Easter. Take care as you travel to enjoy your family and friends and remember that you are loved.

Happy Easter!!

April Events

(Check our online
Calendar for updates)

April 3:

Scrappy Subgroup

April 6:

Guild Business Meeting
- Newcomers follows.

April 11:

QuArtz Subgroup

April 13:

Community Care Sew Day

April 17:

Classics Subgroup

April 20:

VSSQ General Meeting
and Library Book Sale

April 24:

Talk Around the Block

April 27:

Scrappy Sampler #3



Guild Meeting Days:

doors open at 9:00 am
meeting starts 9:30am

Subgroups and Classes:

doors open at 8:45am
for setup, ending 3:00pm



*Please remember,
our meetings and
classes have been
designated as
fragrance-free.*



Workshop Report

by Lorene Woronchak

Thank you to all who participated in the Newcomers' tote fashion show and the Qu'Artz landscape art presentation. The gallery of ideas springing forth from all that is shown at Guild inspires creativity and individuality. The Workshop committee will continue to offer opportunities that allow Guild members to showcase their quilting journey.



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REMINDER!

There are still jobs to be filled for next year's Guild activities. Don't be shy to speak to our VP Julie Glinsbockel if you might be interested in a position. Getting involved is FUN!

Retreat News

by Julie Glinsbockel



The March 27th-30th, 2023 Spring retreat has ended. We had a trunk show put on by Marven Ecker and his assistant Carolyn. We counted 150 quilts dating as far back as 2005! What an

inspiration! Thank you Marven and Carolyn for coming up for the morning.

Next retreat is October 23 to 26, 2023 so mark your calendar. Sign up will be in September.

News from the Newcomers Group

by Rene Gutyan

In our Newcomers group, March didn't come in like a lamb or a lion. It came in like a bee – a Busy Bee! We welcomed another five new members, one of whom was ready and eager to join us on our shop hop. It turned out to be a terrific trip where we visited a number of quilt stores south of us. We had the luxury of a bus which made it SEW much fun, playing games and doing quizzes that tested our quilting knowledge and winning wonderful prizes. Some of the passengers had to know how to pitch and catch in order to receive an airborne prize. We also enjoyed sewing days, where the MLS's and their newbies worked on totes and finished up other projects.

Part of the purpose of the Newcomers group is not only to let the newbies get to know the Guild and its workings, but to let the Guild members get to know them. By having a fashion show of newcomers and MLS with their completed totes, there was another opportunity to be introduced to the Guild, many of whom had missed the earlier introduction. The tales of the sewing and accumulation of materials for these totes proved to be informational as well as fun.

This year's newcomers are proving to be very enthusiastic, and many are getting involved in helping out at the Guild meetings. The group has now started work on a quilt block which is new to us this year. Each newcomer and MLS can make a block with background material and pattern supplied by the Guild. They then supply the second color of fabric and submit their block along with their name for a draw. The draw will take place at our windup in June. Two or three participants will win enough blocks to make a quilt.



Offering workshops in unique mystery locations. You will be notified of the location the day prior to the workshop. Contact Susan at 250-308-6635 or quiltinghereandthere@gmail.com

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Getting to Know You...

Joanne Mitchell

I learned my love of sewing from my Mom. She was a creative and talented person who did a beautiful job of whatever she put her hands to, although she never quilted. When I was 19 years old I saved up my money and bought myself a Bernina 830 sewing machine. It was my pride and joy! It was to be my "lifetime machine". I went on to sew many clothes... even jeans for my husband. I still have it, but only use it occasionally now.

I did not know anyone who quilted, but was always drawn to the art. I loved all the different colours of fabric and the unique ways that they were put together. In 1978 I found a quilt in a Good Housekeeping magazine that called to me. I ordered the pattern, then ordered the fabric from the Eatons catalogue and away I went. It was a bed size quilt that I gave to my parents for their wedding anniversary. It came back to me a few years ago. That was my beginning down the quilting trail and the journey has been a wonderful part of my life.

In our married years, my husband and I have moved a number of times and I have belonged to guilds in Williams Lake, Campbell

River and then VSSQ. I first joined this Guild around 2000-2001. Around 2005 I took a job that prevented me from attending meetings, but shortly after I retired in 2015 I rejoined the Guild. Being part of quilters' guilds has brought me so much joy through the friends I have made, the inspiration I have gotten and lessons I have learned from the people that I have crossed paths with. I continue to believe that regardless of the level of expertise of the quilter, I have learned something from each one of you. I cannot thank you all enough for being a part of my quilting journey.

I have made bed quilts, baby quilts, wall hangings, table runners and now purses over the years. I enjoy learning new techniques and do not have a preference for any one type of quilting. I will say that I am a definite work in progress when it comes to machine quilting, although I have not admitted defeat yet!

Going forward I see myself always on the look out for something new and fun to try, as well as some scrappy projects to get my stash under control!

Caring



If you know of a Guild member who has lost a member of their family, or has been ill, please let Evelyn Reitsma know so she can send a caring card on behalf of all of us.

Debbie Macleod Quilting

20th Anniversary Celebration

Saturday, April 22, 2023

Pleasant Valley Quilting

10 am - noon

Call to register 250 546 0003

\$10 (proceeds to Armstrong Food Bank)

Demo and Trunk show



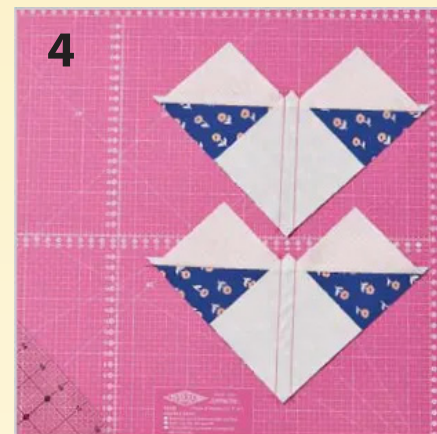
Making Four Flying Geese Units At Once

*From a Quilting Daily.com
Newsletter tutorial
"Sew Easy: Quick-Pieced
Flying Geese Units"*

This method works for any size of Flying Geese unit. Cut the small squares 7/8" larger than the finished height and the large square 1 1/4" larger than the finished width.

1. On the wrong side of each of four small squares, mark a diagonal line corner to corner. This will be your cutting line. Mark sewing lines 1/4" away from each side of cutting line.
2. Place two small squares on opposite corners of one large square, right sides facing. Corners will overlap slightly at center. Sew along marked sewing lines.
3. Cut along marked cutting lines. Press seams toward small triangles.
4. Place remaining small squares on unit corners. Sew along marked sewing lines.
5. Cut along marked cutting lines.
6. Press seams toward small triangles to complete four Flying Geese units.

Check: quiltingdaily.com/sew-easy-quick-pieced-flying-geese-units for a video tutorial.



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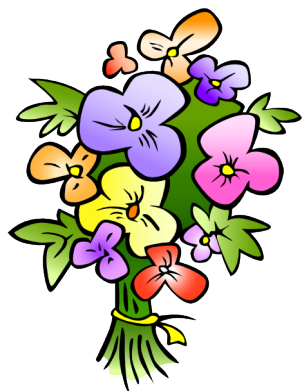
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Happy Birthday



**Happy Birthday
to our
VSSQ
April Babies!**

Apr. 1..... Joyce Penner
Apr. 2..... Denise Lemire
Apr. 5..... Kelly Smith
Apr. 6..... Lynne Hennig
Apr. 6..... Marlene Lawrence
Apr. 11 Mary Matus
Apr. 12 Karen Taplin
Apr. 14 Bonnie Burnett
Apr. 14 Judy Maglio
Apr. 14 Pat Watts
Apr. 21 Anita Reimer
Apr. 24 Beverly Johnsstone
Apr. 26 Cindy Bate
Apr. 29 Catherine Henderson
Apr. 30 Margaret Carrick



Fat Quarter Draw for April

The next draw will take place during the **April 20th** Guild meeting and the colours for that draw will be **Forest Green and Peach** (growth and revitalize). As always, you will gain one entry for each fat quarter that you bring to submit for the draw, and each should be about 20" x 22" of good quality cotton. The more fat quarters you submit, the better your chance of winning more back!

***Be the woman who fixes another
woman's crown without telling the
world it was crooked.***

Courtesy of Shirley Weishuhn



Attention: Bernina 830 Owners

I have these extra feet and accessories for a Bernina 830 sewing machine. Call me at 250-542-4482 or talk to me at a meeting if interested.

Joanne Mitchell



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Quilts of a Different Sort!

*From a March 21st Castanet Vernon news item
and a Media Release supplied by Susan Wilson*

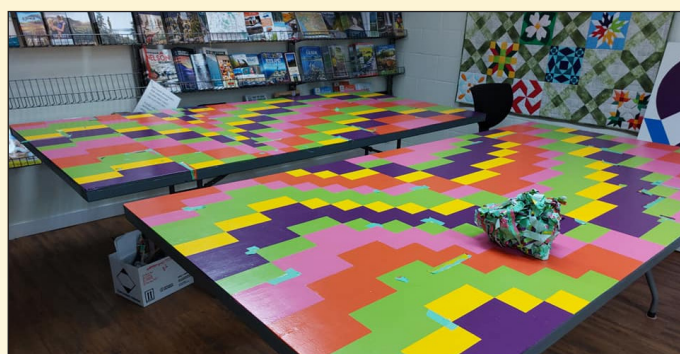
If you haven't yet been on the North Okanagan Shuswap Barn Quilt Trail, you're in for an added treat since this year's trail has more to see and a new map to guide you.

The North Okanagan Shuswap Barn Quilt Trail features beautiful, painted quilt block squares on local barns, businesses, and residential homes in or around our community. These quilt blocks bring together and highlight the traditions of quilting and farming – two traditions that are very much alive in the region today!

Since its launch in 2016, the North Okanagan Shuswap Barn Quilt Trail has grown from six quilts to 50 quilts, with each showcasing a beautiful and unique pattern. The barn quilts are centrally located in and around Armstrong Spallumcheen. The southernmost quilt is located at Davison Orchards in Vernon and the northernmost quilt is located at Blue Hills Lavender Farm in Salmon Arm.

"Barn quilts are a form of rural graffiti that honour quilters and the textile arts as well as drawing attention to Armstrong Spallumcheen's important agricultural heritage," says Lori Shepherd, President with the Armstrong Spallumcheen Chamber of Commerce. "It gets people off of the track and onto roads less travelled," added Susan Wilson, owner of Quilting For You.

Wilson and her team of volunteers research quilt patterns, collaborate with the property owners, and paint the barn quilts. Participants of the barn quilt trail may choose to paint their own barn quilt, with the conditions of using a non-copyrighted pattern and installing the quilt where it is visible from public property. With the support of Nor Val Rentals, a dedicated team of volunteers build the plywood frames and install the completed barn quilts.



The trail is hosted by the Armstrong Spallumcheen Chamber of Commerce and Visitor Centre, in partnership with Quilting For You, Nor-Val Rentals, and volunteers.

The barn quilt trail is a self-guided tour, and the new map can be picked up at the Chamber and Visitor Centre at 3550 Bridge Street, Armstrong. You can also find the map online at: aschamber.com/uploads/5/0/1/6/50162055/barn-quilt-trail-brochure-2023-digital.pdf

If you're browsing Facebook, check out the **North Okanagan Shuswap Barn Quilt Trail** page and scroll down on the right side to see a slide show of how the barn quilts are made!

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Susan Wilson
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50+ and Growing Barn Quilt Map?**

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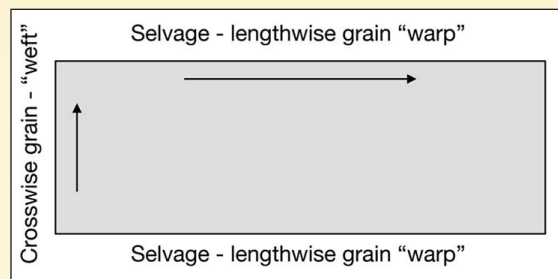
14450 Middlebench Rd.,
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Wednesday and Friday 10am-4pm

Straight of Grain vs. Bias Binding

~ Excerpts from a *National Quilters Circle*
Newsletter Article By Colleen Tauke ~

Straight of Grain Binding uses strips that are cut off the width of fabric so that there are fibers in the weave that

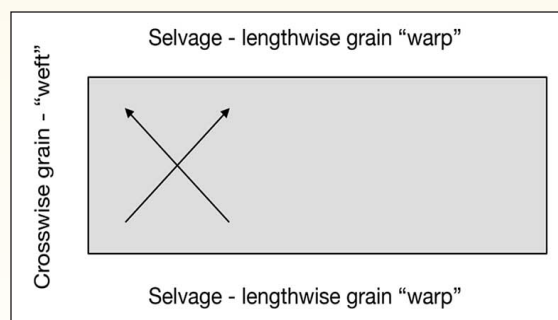


extend the length of the strip. Using this method requires a bit less yardage. The strips are approximately 44"–45" in length,

selvage to selvage, and then are linked with a diagonal seam to produce the appropriate number of inches needed to surround the quilt's outer edge.

Straight of grain binding can also be cut the lengthwise direction of the fabric, parallel to the selvage of the fabric. Doing so creates a binding with a bit less stretch and can be cut in longer strips if more than 1-1/4 yds are purchased. In some cases, there are times when a border is cut lengthwise and the accompanying binding is also cut from the same fabric selection. This also reduces the number of joining seams that need to be created to make the total number of inches of binding required. Both types of straight of grain binding are suitable for finishing a quilt, but only a quilt with straight sides. No curves, scallops, or wavy edges can be bound properly with this type of binding. Straight of grain can also be part of a design element when the design of the binding fabric can add interest and texture. Stripe fabrics can assist the quilter in making the decision for straight of grain binding to accent the outer edge of a quilt.

Many quilt traditionalists consider **Bias Binding** the "best" or "preferred" style of binding. They feel that it is the easi-



est to apply and manipulate when making corners on a quilt. Cutting bias binding can require more yardage and a bit more time to create. Bias bind-

ing is cut on the true bias of the fabric at a 45° angle to the weave of the fibers. This runs in either direction. In order to cut those strips of bias, open the fabric up to one layer and then cut diagonal strips across the fabric. Then, continue

cutting diagonal strips until the number of inches of bias are acquired. Long strips are preferred by quilters, which in turn leaves triangle shapes as waste in this method. There are continuous bias methods, but while they're efficient, they contain numerous seams. Bias strips are linked to make one continuous bias strip of binding. A bit more caution is needed when handling bias strips, in order not to distort the lengths.

The bias does contain more stretch than either the weft (slight stretch or give) or the warp (the least stretch of the three). A light amount of spray sizing or starch can assist in reducing the distortion if applied to the fabric before cutting.

Bias binding is always recommended for any quilt edge that contains a curve, wave, or scallop. The slight give of the diagonal fibers accommodates those edges beautifully and creates a smooth turned edge. Another time when bias binding may become a priority is when you are using a striped fabric and would like the stripes to appear as a design element in your binding, such as a peppermint-twist diagonal stripe to surround the outer edge of your quilt.

Many quilters would also suggest that the crossed fibers on the outer fold of a binding create a longer lasting edge. The outer fold of the binding traditionally has been praised for its longevity over an extended number of years. Since many fibers are involved in the outer fold, stress and abrasion is not placed on one or two warp fibers that straight of grain binding carries. The binding debate will continue as long as quilters have opinions. In the end, selecting a binding style you enjoy is a purely personal decision.

*To see photo examples, Google:
 National Quilters Circle, and add the title of this article.*



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